

WEEK ONE

W/C 05/09/22 | 26/09/22 | 17/10/22 | 14/11/22 | 05/12/22



WORLD FOOD
MONDAY



FAMILY FAVES
TUESDAY



ROAST DINNER
WEDNESDAY



PERFECT PIZZA
THURSDAY



FISHY
FRIDAY

SELF-SERVE

Wholemeal Bread and Seasonal Fresh Fruit

MAIN

Chicken curry

Bacon and cheese

Roast gammon

Ham Pizza

Golden Fish Fingers

Mild creamy curry served with rice, naan bread and salad

Baked cheesy pasta with a crispy topping and bacon bits served with two vegetables

served with roast potatoes, Yorkshire pudding, two vegetables and gravy

hand-rolled base with tomato sauce, cheese and ham topping served with salad

MSC pollock fish fingers served with chips, peas and baked beans

VEGETARIAN

Sweet potato curry

Cheesy Mac

Vegetable Strips

Cheese Pizza

Veggie Fingers

Mild tomato-based curry with sweet potato and lentils, served with rice, naan bread & salad

Baked cheesy pasta with a crispy topping served with two vegetables

served with roast potatoes, Yorkshire pudding, two vegetables and vegetarian gravy

hand-rolled base with tomato sauce and cheese topping served with salad

served with chips, peas and baked beans

JACKET POTATO

Tuna mayo

Beans

Cheese

Chilli

Cheese and beans

PICNIC LUNCH

cheese baguette

Jam sandwich

Ham sandwich

Tuna mayo sandwich

Cheese spread sandwich

Pizza Picnic Bag

PUDDING

Fruity Flapjack

Apple crumble and custard

Tiffin

Doughnut

Ice Cream

OR Yoghurt

OR Yoghurt

OR Yoghurt

OR Yoghurt

OR Yoghurt

WEEK TWO

W/C 12/09/22 | 03/10/22 | 31/10/22 | 21/11/22 | 12/12/22



WORLD FOOD
MONDAY

FAMILY FAVES
TUESDAY

ROAST DINNER
WEDNESDAY

PERFECT PIZZA
THURSDAY

FISHY
FRIDAY

SELF-SERVE

Wholemeal Bread and Seasonal Fresh Fruit

MAIN

Lasagne and garlic bread

minced beef in a tomato sauce layered between pasta sheets with white sauce served with salad

Hot dog

Pork sausage in a bread roll served with coleslaw & corn on the cob

Roast chicken

served with roast potatoes Yorkshire pudding, two veg and gravy

Meat Feast Pizza

hand-rolled base with tomato sauce, cheese, chicken & minced beef, served with salad

Golden Fish Fingers

MSC pollock fish fingers served with chips, peas and baked beans

VEGETARIAN

Quorn lasagne and garlic bread

Quorn mince in a tomato sauce layered between pasta sheets with white sauce served with salad

Veggie hotdog

Veggie sausage in a bread roll served with coleslaw & corn on the cob

Quorn roast

served with roast potatoes, Yorkshire pudding, two veg and vegetarian gravy

Cheese Pizza

hand-rolled base with tomato sauce and cheese topping served with salad

Salmon & Broccoli Pasta

pasta in a creamy white sauce with steamed salmon and broccoli

JACKET POTATO

Tuna mayo

Cheese and beans

Cheese

Chilli

Beans

PICNIC LUNCH

Cheese baguette

Jam sandwich

Ham sandwich

Tuna mayo sandwich

Cheese spread

Pizza Picnic Bag

sandwich

PUDDING

Chocolate and pear sponge

OR Yoghurt

Jelly

OR Yoghurt

Pineapple Cake

OR Yoghurt

Shortbread

OR Yoghurt

Ice cream

OR Yoghurt

WEEK THREE

W/C 19/09/22 | 10/10/22 | 07/11/22 | 28/11/22 | 19/12/22



WORLD FOOD
MONDAY

FAMILY FAVES
TUESDAY

ROAST DINNER
WEDNESDAY

PERFECT PIZZA
THURSDAY

FISHY
FRIDAY

SELF-SERVE

Wholemeal Bread and Seasonal Fresh Fruit

MAIN	Chicken pasta	Cheese Burgers	Sausage and mash	BBQ Chicken Pizza	Golden Fish Fingers
	Chicken and pasta in a creamy sauce served with garlic bread and salad	Burger in bun served with wedges and beans cheese is optional	Sausages served with mash potatoes, Yorkshire pudding, two veg and gravy	Hand-rolled base with tomato sauce, cheese and BBQ chicken served with salad	MSC pollock fish fingers served with chips, peas and baked beans
VEGETARIAN	Quorn pasta	Cheese Veg burger	Veg sausage and mash	Cheese Pizza	Veggie Fingers
	Quorn pieces and pasta in a creamy sauce served with garlic bread and salad	Veg burger in bun served with wedges and beans cheese is optional	Veg Sausages served with mash potatoes, Yorkshire pudding, two veg and gravy	hand-rolled base with tomato sauce and cheese topping served with salad	served with chips, peas and baked beans
JACKET POTATO	Tuna mayo	Cheese and beans	Cheese	Chilli	Beans
PICNIC LUNCH	Cheese baguette	Jam sandwich	Ham sandwich	Pizza Picnic Bag Tuna mayo sandwich	Cheese spread sandwich
PUDDING	Oat and raisin cookie OR Yoghurt	Rice Crispy Cake OR Yoghurt	Vanilla Sponge OR Yoghurt	Pancake with fruit topping OR Yoghurt	Ice Cream OR Yoghurt