

### MANOR ADVENTURE PACKING LIST

- Luggage – please restrict this to one case plus one daysack
- Freshly laundered sleeping bag and pillowcase
- A drink bottle
- Torch
- Toiletries (please note deodorant must be roll-on, no aerosols)
- Old clothes for activity sessions – (long-sleeved tops, jumpers, trousers, jogging bottoms, t-shirts and trainers). Clothes, shoes and underwear for other times. No jeans.
- Waterproof jacket and trousers
- Large plastic bag for dirty clothes
- Bath towels x2
- Hat and gloves
- Pyjamas and slippers